

FOOTBALL

MEDICINE

ALL AROUND KNEE



ROMA
OCTOBER
14 TH
SALA STAMPA
STADIO OLIMPICO

ON 25



Health
for **Children**



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Presidio Ospedaliero G. B. Grassi
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Under the Patronage of



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FOOTBALL MEDICINE ALL AROUND KNEE

PROGRAMME

08.30 REGISTRATION

09.00 WELCOME INTRODUCTION

I SESSION

MODERATOR: E. MONACO, F. PALLOTTA

EPIDEMIOLOGY AND DIAGNOSTIC PEARLS

09.15 Epidemiology and risk factors in football. **M. Walden**

09.25 The role of diagnostics in professional football.
S. Masala

09.35 Female football: any differences? **J. Yanguas Leyes**

09.45 The young footballer's knee: a new pandemic? **A. Grassi**

09.55 Round table: **M. Brozzi, A. Clarioni, P. De Santis, M. Guzzini, G. Pasta, G. Tavolieri**

10.35 Working Coffee

II SESSION

MODERATOR: C. D'ARRIGO, F. RODIA

MENISCAL INJURIES: SURGICAL MANAGEMENT

10.50 Meniscus ramp repair: tip and tricks from a pro.

G. M. Marcheggiani Muccioli

11.00 Bucket handle tears in professional player: meniscectomy or repair?
L. Moretti

11.10 Meniscectomy: is still actual? **A. De Carli**

11.20 Meniscal root repair in pro athletes. **R. Simonetta**

11.30 Post-operative indications: load and ROM management. **F. Danelon**

11.40 Round table: **A. Bulgheroni, M. Freschi, A. Ghidella, P. Monachino, D. Perugia, C. Sprenger, D. Topa**

12.20 Greetings from Authorities

12.50 Lunch

III SESSION

MODERATOR: G. MACCAURO

BEST TREATMENT OPTIONS IN ACL SURGERY

13.50 ACL Graf Choice in 2025, Five Pearls in 10 minutes.

A. Williams, O. Aweid

14.00 Timing of ACL Surgery and return to play in Professional athletes: Practical Algorithms. **R. Papalia, S. Vasta**

14.10 "Acl Plus" Lateral Augmentation what's new?

B. Sonnery Cottet, A. Carrozzo

14.20 Acl Reconstruction in Youth players: surgical Techniques. **E. Monaco**

14.30 ACLR complications: I've caused - I've managed. **R. Cugat, D. Barastegui**

14.40 Round table: **G. Bonaspetti, F. Franceschi, G. Maccauro, B. Petrucci, I. Pulcini, M. Salvucci**

PHYSIOTHERAPY SYMPOSIUM

CHAIRS: M. PULCINI, A. SERVADIO

15.00 Symposium Introduction. Changes in Physiotherapy. **A. Servadio**

15.10 Technological Assessment in Knee Rehabilitation:

What to Measure and When. **L. Conciatori**

15.30 ACL Journey: From Early to Late Phase - What Changes with Meniscal Repair? **R. Ricupito**

15.50 Ultrasound in Physiotherapy: From Imaging to Action - Dynamic Exercises and Practical Applications for the Knee. **D. Maremmani**

IV SESSION

MODERATOR: N. MAFFULLI, R. LANZETTI

KNEE CARTILAGE INJURIES IN FOOTBALL

16.20 The role of imaging in condral lesion: what's new. **G. Rossi**

16.30 Non surgical strategies. What, When and How. **G. M. D'Orsi**

16.40 Surgical options: What, When and How. **M. Berruto**

16.50 Orthobiologics - Minimal Invasive Approach. **A. Di Martino**

17.00 Measuring the outcome: what are the results? **U. G. Longo, A. Mazzola**

17.10 Round table: **V. Campagna, G. De Marinis, A. Fidanza, I. Leo, G. Panegrossi, V. Sessa, G. Sisca, A. Vadalà**

17.50 Conclusions

18.00 Test ECM on line



CONGRESS VENUE

Sala Stampa Stadio Olimpico
Via dei Gladiatori, Roma



PROVIDER 2382 - 457306

N. 8 Educational credits ECM are assigned for the following professions:

Nurses, Physiotherapist, Orthopedic Technician, Surgeon (specialties: Orthopedics and Traumatology, Sports Medicine, Rheumatology, Physical Medicine and Rehabilitation, General Medicine (Family Doctors)).



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